

PEACE FOUNDATION NETWORK



The Art of Living in Peace

RESIDENTIAL WEEKEND

FRIDAY 23rd April 6pm- SUNDAY 25th April 4pm.

UNSTONE GRANGE,
UNSTONE, DERBYSHIRE

A training to stimulate the Art of Living in Peace
with Oneself, with Society and with Nature.



“The Art of Living in Peace”, created by Pierre Weil, is a contribution to global education for peace and nature.

It consists of a series of reflections and experiences inspired from a variety of sources and cultures to contribute to international understanding.

It enables people to develop peace with themselves, with others and with nature.

Key themes of the workshop:

- * Peace is never far away
- * Everything and everyone is connected at source with everything and everyone else
- *The fantasy that we are all separate is at the root of all fear and this triggers our destructive behaviour
- * Peace is not just the absence of war or conflict but a profound state of joyful vibrant co-operative living
- * We can and do create our own reality

The workshop is set out:

- * To provide a new framework of understanding
- * To identify the obstacles to peace
- * To relate this to the individual
- * To guide us through the experiential process of being at peace: with ourselves, with others, with nature, with our environment
- * And to ground this learning and insight in practical intentions

“Since wars begin in the minds of men, it is in the minds of men that the defences of peace should be constructed”

Venue

Unstone Grange



Unstone Grange is a Victorian country house set in nearly 5 acres of beautiful grounds and gardens, which are looked after according to organic and permaculture principles.

Address: Unstone Grange, Crow Lane, Unstone, Derbyshire. S18 4AL
Tel: 01246 412344 www.unstonegrange.co.uk

Facilities:

There are 3 group rooms, including the dining room, a good sized kitchen, 10 bedrooms with up to 35 beds, a large barn, camping field, lawns and gardens.
The accommodation is quite basic yet the atmosphere is perfect for our purposes.

Participants will be asked to help clean the building before we leave at on Sunday.

Details: For further information please contact: Rena Smith,
Tel 01246 411923 mobile 07890 427563 or email: rena.smith@live.co.uk

Food.

This is a self catering weekend. **All food is to be vegetarian.**
Basics for breakfast and tea breaks will be provided by PFN.
Participants are asked to bring a contribution to share. Everyone will be asked to help in small teams with the preparation and clearing of meals, washing up etc.
It is a taste of community living!

Do join us with good intentions to engage in this deeply meaningful framework for life, enjoying some wonderful experiences and good company!





The Art of Living in Peace

**Friday 23th – Sunday 25th April 2010
Unstone Grange, Unstone, Derbyshire.**

Booking Form.

Name:

Address:

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Telephone: Home----- **Mobile**-----

E-mail:

Any special needs / requirements?

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Full cost of workshop is £90.00. Please pay a minimum of £40 deposit and settle remaining balance by Friday 16th April.

For concessions please contact Rena Smith.

To hire sheets please add an additional £4 & tick box

Total amount enclosed: £ _____

Please make cheques payable to Rena Smith.

Post completed booking forms and cheques to:

Rena Smith.

Peace Foundation Network.

Grange House, Church Street,

Dronfield. S18 1QB.



To contact Rena please telephone: 01246 411923 or e-mail:

rena.smith@live.co.uk

Thankyou for your time in completing this booking form.

I look forward to seeing you at the weekend.

Regards,

Rena Smith.